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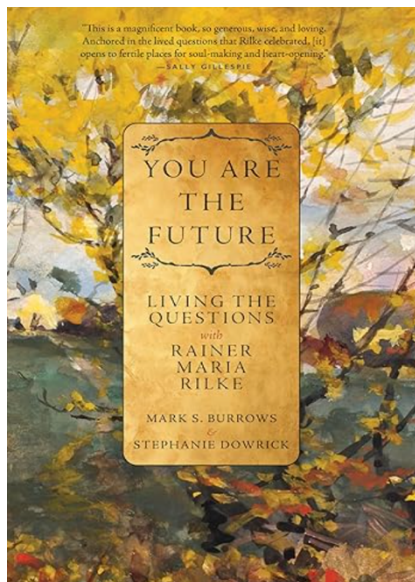
FOR IMMEDIATE RELEASE

This book follows Rilke's advice to "live the questions."

"A book to savor." —Sally Gillespie, author of *Climate Crisis and Consciousness*

"Beckons us to discover a wise way to live a life in the company of self and others."
—Pádraig Ó Tuama, host of On Being's "Poetry Unbound"

You Are the Future: Living the Questions with Rainer Maria Rilke invites readers to draw on Rilke's insights and unconventional wisdom to see themselves as ripening, unfolding, and always becoming.



Rilke speaks uniquely for today when many are seeking freedom of thought and a more wholistic way of living. This book encourages readers to embrace the poet's refusal to reach for simplistic answers. All of the translations from Rilke's original German are by Mark S. Burrows.

You Are the Future: Living the Questions with Rainer Maria Rilke (Paperback, 260 pp.; ISBN 9781958972533; US \$24.99) is being published by Monkfish on Tuesday, October 1, 2024. Distributed by Consortium Book Sales & Distribution.

"Their probing of his 'wiser way' refuses to build a 'Rilke Museum,' inviting us rather to join the adventure of following his vision of 'living the questions' so that we, too, might become what he described as the 'bees of the invisible.'" —Prof. Gotthard Fermor, editor of Rainer Maria Rilke, *Das Stunden-Buch* (Gütersloh, 2014–18) and *Ekstasis*

For author interviews and review copies, contact jon@monkfishpublishing.com.

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Mark S. Burrows, MDiv and PhD, is an award-winning poet, translator, and scholar. Known internationally for his academic and popular work on Rilke, he is the translator of a collection of his early poems, *Prayers of a Young Poet*, which includes many of Rilke's best-loved poems that later appeared in *The Book of Hours*, and a much-heralded new translation of Rilke's *Sonnets to Orpheus* that is also published by Monkfish. Mark lives and writes in Camden, Maine. Visit his website at www.soul-in-sight.org.

Stephanie Dowrick, PhD, DMin, has won awards for three of her books: *Choosing Happiness: Life and Soul Essentials*, *Creative Journal Writing*, and *Heaven on Earth*. A former publisher and psychotherapist, she lives in Australia.